



5 DAY TRAVEL ITINERARY

# COPENHAGEN

## DENMARK

WITH TIPS AND TRICKS FOR SOLO TRAVELLERS

**Duration :** 5 days

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## Destinations:

- Copenhagen, Denmark

## ITINERARY

### ESSENTIAL INFORMATION

- **Currency (danish kroner):** £10 ≈ \$13.43 ≈ €11.50 ≈ DKK 85.86 (as of Jan 2026).
- **Payments:** Cards very widely used in most establishments, however carrying small amounts of cash is always recommended.
- **Dress Code:** Copenhagen is a vibrant modern hub, so culturally any clothes are acceptable, but practically, some clothing that can cope with rain and cold is recommended as the weather can change quickly.
- **Water:** Tap water is clean and safe.
- **Food Safety:** Food poisoning shouldn't be a concern, but exercise some caution with street food, although street food markets are very common and well regulated in Copenhagen.
- **Petty Crime:** Copenhagen is known as one of the safest countries in the world and there is low risks of petty crime, but always maintain some level of awareness of your surroundings and possessions.

### SAFETY & SOLO TRAVEL TIPS

- Copenhagen is exceptionally safe for solo and female travellers, consistently ranked as one of the world's safest cities due to low crime, high trust, and a culture of gender equality, making it easy to explore day or night with friendly locals and excellent English proficiency, though standard big-city precautions against petty theft and staying aware in nightlife areas are always wise.

### TRANSPORT

- The closest station to Nyhavn from Copenhagen Airport (CPH) is Kongens Nytorv (Kgs. Nytorv), accessible via the Metro (M1/M2 lines) directly from the airport, with a short walk (about 2-9 minutes) to the Nyhavn area. Alternatively, you can take a train to København H (Central Station) and then switch to metro/bus/taxi.



## GENERAL ADVICE

- The Copenhagen Card: Entrance to cultural and historical attractions can be expensive and add up, if you're planning on visiting multiple attraction, the Copenhagen Card is a wise choice, with free entry to most attractions, unlimited public transport and airport transfers. Prices vary based on the duration of your card, purchase via the app.
- **Bike Everywhere:** Copenhagen is extremely bike-friendly; it's the best way to see the city, with dedicated lanes.
- Use the Metro: For zipping around Copenhagen, the Metro is clean, efficient, well maintained and spans all over the city. The Copenhagen Card - 'Discover' included all public transport, but the metro is well priced without this.
- **When to Visit:** Copenhagen is busiest in summer - shoulder seasons (spring/autumn) are more comfortable, with September as the perfect time for warm temperatures, clear skies, no crowds and the beginning of 'hygge' season.
- **Affordability:** Copenhagen is one of the most expensive cities to visit, with attractions often costing around £20 per ticket. We have provided cheaper alternatives in this itinerary, proving you can experience Copenhagen on a budget.
- **Dining Etiquette:** Waiters won't bring the bill until you ask. Tipping is 10–15% unless already included.

## MUST TRY FOODS

- **Smørrebrød** - open-faced rye sandwiches.
  - **Pølser** - Danish hot dogs.
  - **Meliasti** – Baked feta with honey and sesame.
  - **Giaprakia** – Stuffed vine or cabbage leaves with rice and meat.
  - **Fresh Seafood** – Especially calamari, grilled fish, and octopus.
  - **Loukoumades** – Honey-drizzled dough balls with cinnamon.
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## DAY 1 - ARRIVAL & SETTLING IN

Arrival & Check-in: After arriving at Copenhagen Airport, make your way to your accommodation in the city centre. From the airport, take the train directly to Copenhagen Central Station (approx. £4), or opt for a 10-minute taxi (approx. £15).

Make your way to your accommodation in the city centre, we recommend staying in Nyhavn for beautiful views and great access to the best spots in Copenhagen.

Accommodation recommendation: For a quirky accommodation for solo travellers, try Capsule Hotel Nyhavn63, a historical building along the canal (approx. £40 per night).

Other options:

- Generator Copenhagen - bed in dorm, £17/n.
- Next House Copenhagen - bed in dorm, £19/n or triple room, £87/n.

Head to the colourful canal area for a first taste of the city. You can dine in one of the cosy waterfront restaurants or grab takeaway and enjoy it along the edge of the harbour.

Hostel Social Events: If you're staying at a hostel, check for free or low-cost evening events like movie nights, rooftop drinks, or communal dinners.

Alternatively, for a drink with a view, head to Illum Rooftop for panoramic views of the city.



## DAY 2- MARKETS AND NATURE

Enjoy breakfast at the nearby Cafe Ermanno, before heading onto the Royal Christiansborg Palace with ornate rooms, 12<sup>th</sup> century castle remains, and a soaring tower with views over the city.  
(Closed Mondays. Tickets: ~£25, or £17.55 for students)

Head over to the **National Museum of Denmark** next, exploring collections and exhibitions on Denmark's history, people and culture.  
(Closed Mondays. Tickets: £16.38 for adults)

Lunch at **TorvehallerneKBH Market**: This buzzing indoor market has gourmet stalls offering artisan goods, gourmet foods, pastries, lunch options and local produce. For a traditional danish lunch, opt for a smørrebrød, open-faced sandwiches on rye bread.

**Botanical Gardens**: Just a short walk from the market, take a quiet hour wandering through greenhouses and tree-lined paths. It's definitely worth checking out the Palm House Exhibit while your here.  
(Entrance id free, but for the Palm House and Museum, tickets are: £13.27, or £5.83 for students)

Head back to relax at your accommodation before heading out for dinner, try another restaurant along the fairy-lit Nyhavn canal, or try the **Frederiksstaden** area, with a strip of various restaurants along Store Kongensgade street, a 10 minute walk from Nyhavn.

Restaurant recommendation: Try *Restaurant Vita* for classic danish cuisine in a cosy beautiful old establishment.

For your evening, try La Fontaine, a cosy underground venue known for live Danish jazz, embodying the Danish concept of Hygge.



## DAY 3- ANARCHIST COMMUNE EXPLORATION

Begin your day with breakfast at *Andersen & Maillard* – their freshly baked pastries and expertly brewed coffee are a local favourite, perfect for fuelling a day of exploration.

For a cultural start to the day, explore Danish design, fashion, and furniture exhibitions at the quirky **Danish Design Museum** (Designmuseum Danmark). (Closed Mondays. Tickets: £16.38, or £10.53 for 18–26 years/students)

Grab lunch nearby, then make your way to **Freetown Christiania**, Copenhagen's famous anarchist commune started in 1971, a unique and artistic area. Stroll through its colourful streets, lined with murals, handmade houses, and quirky cafés. This area has a rich countercultural history and offers a unique window into Copenhagen's creative spirit.

Although this is a peaceful commune and safe for tourists, drug use in this area has been a concern historically, and although drug use is now banned and actions taken against it, it is still wise to avoid actions such as taking photos where you're not allowed or running.

For dinner, head to **Broens Street Food** market, a vibrant open market by the water offering all kinds of delicious drinks and street food flavours from all around the world, such as Greek, Indian, Italian and American food, fish, seafood, poke bowls and more.

Enjoy the ambience of the area for the evening, sitting along the dock as people swim in the canal, possibly joining them for a swim, enjoy cocktails and watch the sunset.



## DAY 4 - MODERN COPENHAGEN

Start the morning with a relaxed breakfast at your accommodation, giving yourself time to fuel up before heading into the city.

Once you're ready, make your way towards **Strøget**, Copenhagen's main commercial area. This vibrant zone is one of the longest pedestrian shopping streets in Europe, offering a diverse range of shops, ranging from budget-friendly brands to high-end luxury stores which you can take your time browsing.



Stop for lunch nearby at the popular Café Norden, where you can enjoy generous open-faced smørrebrød platters in a bright, modern space.

In Strøget, you can also explore the beautiful Church of Our Lady and climb the iconic **Roundtower** (Rundetaarn) for panoramic views of the city.

(Roundtower: open Tuesdays and Wednesdays October - March, everyday April - September. Tickets: ~£7 for adults, or £4.68 for students)

For more exploration of modern Copenhagen, walk over to **Det Kgl. Bibliotek**, The Royal Library. Linked to the University, this beautiful building with views over the river and the iconic 'Black Diamond' building, with its striking modern architecture, unique light-filled atrium.

Grab dinner in Nyhavn, possibly an iconic danish hotdog from one of the stands lining the River, then for the evening, check if there's anything on at the Copenhagen opera house, **Det Kongelige Teater**, where they frequently show ballet, concerts, opera and more, with various ticket prices available.

## DAY 5 - TIME TO HEAD HOME

On your final day, enjoy a relaxed breakfast at your accommodation or a nearby café, taking a moment to soak in the city one last time. Pack your belongings carefully and, if your schedule allows, take a short stroll or pick up any last-minute souvenirs before taking the train or a taxi back to the Airport.

